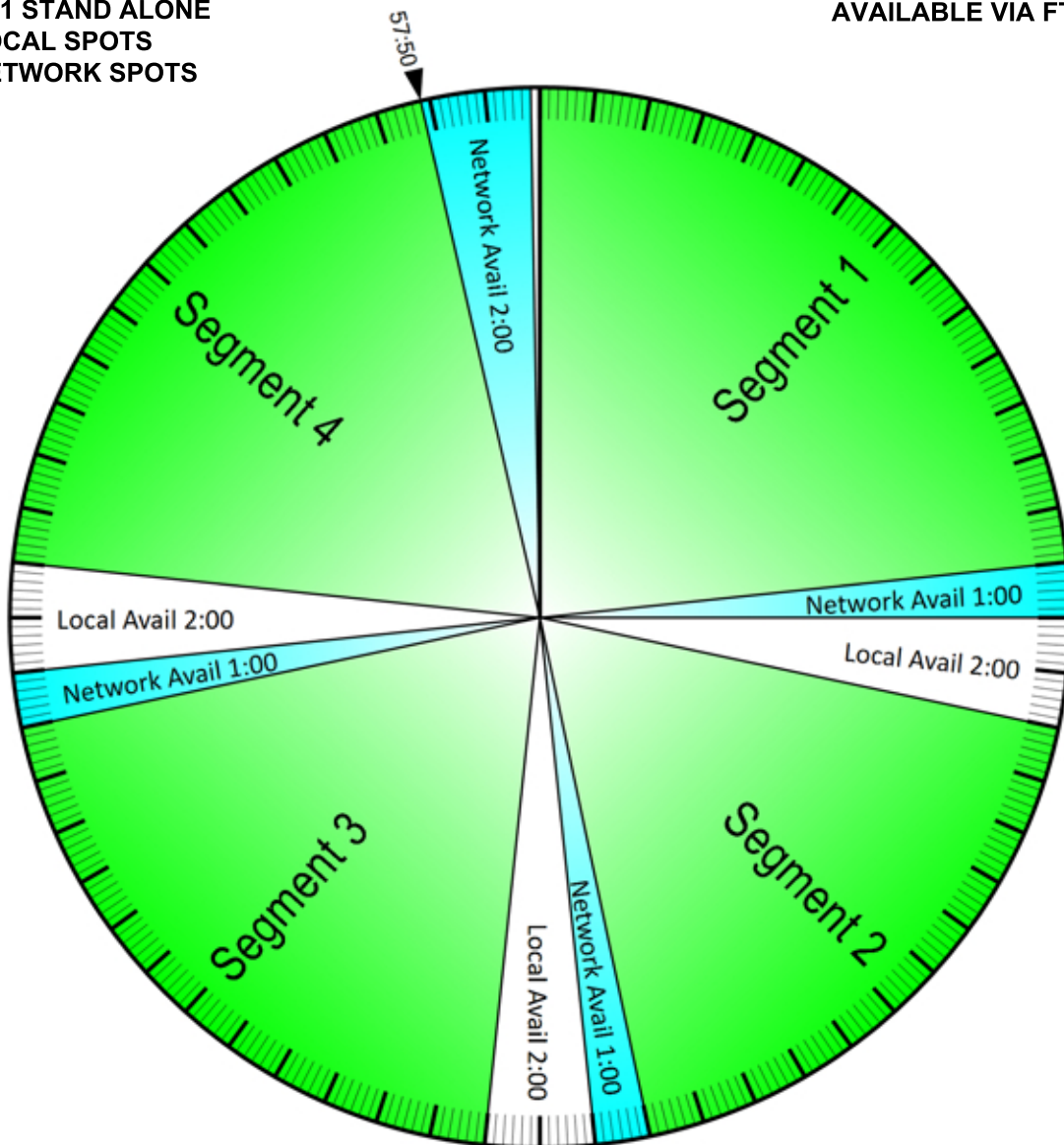


HARMONY with FOOD™

with
Meg Marie O'Rourke
Program Clock

HOURS: 1 STAND ALONE
6 MIN LOCAL SPOTS
5 MIN NETWORK SPOTS

AVAILABLE VIA FTP



NOTE

All break times are soft breaks, and float.



800-743-1988

revised: 01/30/24